

# Tater Patch

by Charlie Lowe

D A D A E A Em A E A

*Play B part 4 times for contra dances. Traditionally, play B part 3 times.*

*Contra dancing is about the flow of energy. I let in the energy from the music, the caller, and the other dancers and let it shape and fuel my movements as it flows back out into the dance. The more connected I am with the music and the dancers, the more freely the energy flows. That's why making eye contact, giving weight, adapting to the styles, abilities, and moods of the other dancers, and giving enthusiastic feedback to the band is so important. All of these things increase the energy of the "dance circuit." There are times when everything is so in a groove that it feels like no energy is being lost...and I feel like the dance could go on forever.*

CAROLINE KLUG

