

Don't be an Ogre!



But I didn't want to spin!

Please be civilised

Twirls and flourishes can be fun for experienced dancers but they are not for everyone.

Never force anyone else to spin. A dancer who wants to spin will raise the hand you are holding and turn for themselves.

Even raising an arm above the shoulder is painful for some people.

The ogres are part of an experiment in educational material for dances. Words by Andrew Findlay, pictures by ChatGPT.

Comments and ideas are welcome:

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You can get PDF copies here:

www.barndance.org/ogres