

Please be civilised

Don't grip tightly. There is no need: if you keep your hand rigid your dance partner can get all the support they need by putting their hand over yours like a hook.

You might have to ask your partner to keep their hand rigid in the same way so that you can give weight in turns. Education is better than gripping tightly.

It is best not to use thumbs at all when dancing. They hurt people.

The ogres are part of an experiment in educational material for dances. Words by Andrew Findlay, pictures by ChatGPT.

Comments and ideas are welcome:

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You can get PDF copies here:

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